



# ORANGE PLAYER 02

NAME:

SCORE:

## HEAD

Rallies consistently to center of court with depth and increased net height.

① ② ③

Rallies slice forehand and backhand with partner from inside service box.

① ② ③

BASELINE

Serves consistently in box from both sides.

① ② ③

Returns consistently to center of court with depth.

① ② ③

SERVE/RETURN

Rallies volley to groundstroke at medium speed.

① ② ③

Hits overhead to left and right sides.

① ② ③

TRANSITION

## FEET

Hits with square stance during rally and developing open stance on wide balls.

① ② ③

Points front foot toward net post while keeping back foot parallel to baseline.

① ② ③

## HANDS

Uses circular motion on backswing for forehand and backhand.

① ② ③

Developing continental grip on serves and volleys.

① ② ③



# ORANGE PLAYER 02

NAME:

## SCORE:

### HEAD

Can hit with depth and direction to different targets during rally.

① ② ③

Hits more consistent topspin on forehand and backhand with increased speed.

① ② ③

BASELINE

### FEET

Hits with square, open or semi-open stance on forehand and backhand, depending on situation.

① ② ③

### HANDS

SERVE/RETURN

Developing faster first serve and able to use spin on second serve. ① ② ③

Can direct serve to forehand and backhand. ① ② ③

TRANSITION

Hits overhead to left and right with depth. ① ② ③

OTHER

Plays one-up/one-back doubles. ① ② ③

GAME

Understands important rules of tennis. ① ② ③

Understands personal strengths and weaknesses. ① ② ③