# **ASSESSMENT**



# RED Player 02

NAME:



# HEAD

Rallies with partner in small pace without net.

123

Drop-hits side to side, high/low, and deep/short.

123

Hits ball tossed by partner to left, right, and center.

123

Cont. below right

PERFECTIONS

Serves underhand or overhand into correct box, standing inside service line.

1)(2)(3)

#### FEET

Ready position with two hands on racquet, facing partner.

123

Moves in multiple directions and recovers to center.

123

Recovers by shuffling or running back tocenter when deep or outside court.

123

Shoulder turned with feet at 45 degrees.

123

Split-steps before volley.

123

## HANDS

Simple low-to-high swing path, directing hand/racquet to target.

123

Developing one-hand backhand volley.

1)2(3)



Scores with visual aid.

(1)(2)(3)

Calls ball "in" or "out."

123

Knows where to stand for serve and return.

123

Understands win by one or two.

(1)(2)(3)

Shakes opponent's hand.

1)(2)(3)

### HEAD

Rallies over net with partner from service line.

123

Hits ball tossed by partner side to side, deep/short, and high/low.

(1)(2)(3)